



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2016

Sporting Excellence in Karate

National Level

Alexis Straker

This is to certify that Alexis Straker has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Alexis competed at National Championships throughout England in 2016 winning the medals and titles listed below:-

Championship Success - 4 Silver 3 Bronze

Shindo Kai Junior Championships - 13th March, Barnsley

Silver - Team Kumite

Silver - Team Kata

Bronze - Individual Kumite

Bronze - Individual Kata

Shindo Kai Kata Championships - 3rd July, Barnsley

Silver - Individual Kata

North of England Championships - 23rd October, Sheffield

Silver - Team Kata

Shindo Kai National Championships - 20th November, Barnsley

Bronze - Team Kata

Congratulations on your sporting achievements throughout 2016. Well done Alexis.

Sensei Wayne Clarke 3rd Dan

Head Coach - The Hull & East Riding Karate Academy

